



# Eagles Eye View Newsletter

Volume 5

Issue 7

## Eagles Nest Clubhouse Accreditation



The accreditation team came to visit our clubhouse! We had a ton of fun! They gave us plenty of tips and we showed them many of the things we like to do. We even interviewed them on our Podcast!

We took them on our wellness walk all around the neighborhood.

We have long anticipated the accreditation visit. All of us members and staff put so much of our life into club, we have been working hard to see that we pass. Whether we do is still unknown, however from what we know we were told despite some of our challenges, our club house is what a club house should be. We are on track!!!



We are a family, a group of people from many different backgrounds who have come together in a common goal of gaining a life back that we have either lost or never known.

To many, it is finding a life worth living, not just hoping for something to change, but taking actions to make sure change happens.

Then we learn to look beyond ourselves and see others in need who are just like us. Lonely, afraid, losing much of life due to mental health challenges and the challenges that come with everyday life.

Our challenges now are to make clubhouse follow the standards of Clubhouse International.

On a final note, the two people who visited us, one staff and one member, seemed to open up to us and enjoyed our dance breaks, our company, our laughter and our quirky humor.



1	Accreditation Visit
2	Lunch Menu / Interview
3	Director's Report
4	Director's Report Cont.
5	Event Calander



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Breakfast Sandwiches</b>	<b>2</b> <b>Pork Chops</b>	<b>3</b> <b>Chicken Breast</b>	<b>4</b> <b>Pork Tender</b>	<b>5</b> <b>Leftovers</b>
<b>8</b> <b>Eggs and Ham</b>	<b>9</b> <b>Spiced Chicken</b>	<b>10</b> <b>Mac and Cheese</b>	<b>11</b> <b>Boneless Turkey</b>	<b>12</b> <b>Leftovers</b>
<b>15</b> <b>Breakfast Sandwiches</b>	<b>16</b> <b>Pulled Pork</b>	<b>17</b> <b>Haddock Chowder</b>	<b>18</b> <b>Chicken Legs</b>	<b>19</b> <b>Leftovers</b>
<b>22</b> <b>Pancakes</b>	<b>23</b> <b>Tuna Casserole</b>	<b>24</b> <b>Whole Chicken</b>	<b>25</b> <b>English Muffin Pizza</b>	<b>16</b> <b>Leftovers</b>
<b>29</b> <b>French Toast</b>	<b>30</b> <b>Tacos</b>	<b>31</b> <b>Shepard Pie</b>		



## An Interview with Janet.

Janet has been a member for a few years, her daughter Audrey Rose passed away on January 3rd in the hospital. Her passing was due to many complications due to a life time of diabetes. Club house meant a lot to Audrey, she invested much of her remaining time to make a difference in the world in training as a peer support worker, inspired by a friend and Worker named Nikki. Audrey's goal was to work along side Nikki in peer support, despite many down falls in health she kept rising to the challenge with attending school classes and becoming qualified.

In the wake of her passing, Janet has risen up to find out what is so special about Clubhouse, and in her own she has.

What brought you into Clubhouse we asked. "It is the people." She said, then with a pause she remarked "It's because Audrey wanted her to."

Janet also replied that It gets her out of the house, and gives her things to do to keep her mind busy. She says it helps her to not be stuck in her head thinking about her loss all the time.

The greatest remark, "The people." She said many times, what seems to keep her coming back over and over, is the people. Who come and go, one woman named Sally was special to her, a true friend. She knows life changes, it's part of life, so she continually makes new friends and relations and is learning to live life all over again. Each day a new day.



# Director's Report



It was a long and arduous process building up for the accreditation review and completing the initial visit on June 24th, 25th, and 26th. Now we wait for Clubhouse International to review and submit their recommendations. We are all hoping for a 3-year accreditation with no additional 1-year review. Everyone keep your fingers crossed.

We've had several tours over the last couple months, and gained 3 new members. For various reasons we have lost 6 members, mostly because they moved away to areas outside of Hancock County. We wish them well of course, but are sad to see them go.

We continue to get fresh produce every Wednesday. The food insecurity drive for Hancock County with Healthy Acadia ended and Eagles' Nest Clubhouse was able to receive some of the proceeds from the donations which helped stock our own food cupboards. We also started to receive fresh fruit and vegetables which will help with implementing our new lunch

process to include a fresh salad every day along with other food options.

June 28th was Pride Day at OHI, and so we also celebrated. Some members came dressed up for the event.

June 29th was Superhero Day at Fort Knox in Bucksport. One of our clubhouse members volunteered at the event and it was a great time.



Super Hero Day

# Director's Report

Two members attended the Ellsworth Pride Festival on June 9th and gave out our rack cards. They also had the opportunity to talk to some of our State Representatives who weren't familiar with our own Clubhouse, but were somewhat familiar with the Clubhouse model.

The new morning format is in full swing and everyone seems to be adjusting great. We've also created a memorial wall for members who have passed away.

Our business unit has started doing Podcast interviews with our accreditation team and they will be uploaded to our Facebook page. You can check that out at:

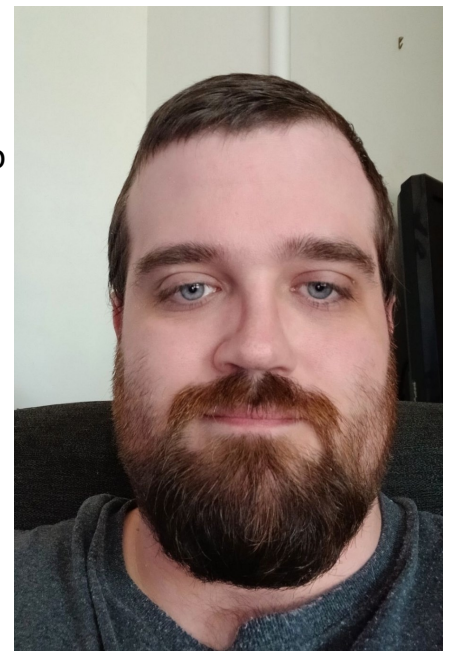
[www.facebook.com/EaglesNestClubhouseMaine](http://www.facebook.com/EaglesNestClubhouseMaine)



Two of our members graduated from their College Transition class through RSU 24 and one is continuing pursuit of his MHRT/C.

We went to Northern Light Hospital to check out a Transitional Employment opportunity.

ENC has also received two donations from the Heart of Maine United Way for \$1655.81 and Realty of Maine for \$150.00. Thank you so much!



# JULY CALENDER OF EVENTS 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Move and Groove 10:30 AM  Computer Tutor APPT 9:30 AM @ 11 AM	2 Computer Tutor APPT 1 PM & 3 PM	3 Farm Drop 2 PM—6 PM	4 ENC Game Night 2—4PM  ENC—Independence Day BBQ	5	6 Fiber Arts Group 10 AM Humanists and Free Thinkers 1:30 PM
7	8 Move and Groove 10:30 AM  Computer Tutor APPT 9:30 AM and 11:00 AM	9 Music Rocks 10:30 AM  Thursday Readers 2 PM  Riverside Family Scientists 2 PM  Computer Tutor APPT 1 PM \$ 3 PM	10 Outdoor Adventure Story Time 9:30 AM  Farm Drop 2PM—6 PM  Wednesday Painters Art Reception 3 PM  Family Performance The Silver Circus 6 PM  Non-Fiction Book Club Meet and Greet 6 PM	11 ENC Game Night 2—4 PM  ENC—Disability Specialist, Web Training—ZOOM  Caregivers Support  Group 2 PM (In person)  Ukulele Camp  3:30 PM  Book-a-Month Club 5 PM	12 Cryptid Crafts for Teens 3 PM  Broken Reed Saxophone Quartet 5 PM	13 Games for Grown-Ups 10 AM  Hancock County Genealogical Society 10 AM (Hybrid)
14	15 Move ad Groove 10:30 AM  Computer Tutor APPT 9:30 AM & 11 AM  4-H Workshop 1 PM  Forest Bathing 3 PM	16 Music Rocks 10:30 AM  Riverside Family Scientists 2 PM  Computer Tutor APPT 1 PM \$ 3 PM	17 Downtown Story Time 9:30 AM  Farm Drop 2 PM—6 PM  Family Performance Showtime Steve 6 PM	18 ENC Game Night 2—4PM  Caregivers Support  Group 2 PM (Virtual)  Ukulele Camp 3:30 PM  Union River Stamp Club  5:30pm  Boppa Chual 6 PM	19 Anime Night 3 PM	20 Fiber Arts Group 10 AM  Mystery Book Discussion 12:45 PM  Author Talk with Noa Silver 2 PM
21	22 Move and Groove 10:30 AM  Computer Tutor APPT 9:30 AM \$ 11 AM	23 Music Rocks 10:30 AM  Riverside Family Scientists 2 PM  Computer Tutor APPT 1 PM & 3 PM	24 Outdoor Adventure Story Time 9:30 AM  FarmDrop 2 PM—6 PM  Family Performance Magical Peter Bole 6 PM	25 ENC Game Night 2—4 pm  Ukulele Camp 3:30pm  Earth's Mass Extinctions 6 PM  ENC—Advisory Board Meeting, Zoom 5:50—6:30pm  ENC—Peer Support, Intro to Training, Zoom 10—	26 Author Talk with Christopher Packard 3 PM	27 Community Crafts 10 AM  <b>Wizard Weekend @ Fort Knox,</b>
28 <b>Wizard Weekend @ Fort Knox,</b>	29 Move and Groove 10:30 AM  Computer Tutor  APPT 9:30 \$ 11 AM  4—H Workshop 1 PM  Forest Bathing 3 PM	30 Music Rocks 10:30 AM  Riverside Family Scientists 2 PM  Computer Tutor APPT 1 PM & 3 PM	31 Farm Drop 2 PM—6 PM  Family Performance Mr. Harley 6 PM			