



Eagles' Eye View

*The monthly newsletter for the
Eagles' Nest Clubhouse*



Where Dreams Take Flight!

We Launched our Go Fund Me!

We finally did it! Our Go Fund Me is now active! You can find it on our website or linked on our Facebook! It's an alternative means of donating to the program!

Members also created a Virtual Tour Video that was posted to our Youtube as well as our Website FAQ page!

There's a lot going on with all the new events we have planned. We will be trying to go on more wellness walks with all the good weather coming our way as well, so that's exciting!



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FIRST AID/CPR

We had our First Aid/CPR training on the 1st. Several members became CPR Certified along with staff.



MOTHER'S DAY TEA PARTY

Our first big event of the season was the Mother's Day Tea Party we had on the 9th. We had punch, tuna sandwiches, and chicken salad sandwiches made by members.

We also had everyone pick out a tiny bucket to put soil in so they could plant their choice of flower or tomato/pepper.

Overall, it was a very successful event and we look forward to having more events like this in the future!



Game Night

Our first Game Night in quite a while! Members got to play many different games of their choice. Some members played Smash Brothers, while others got together to play a round of Risk. There were even some rounds of Pictionary!

We even ordered Finelli's Pizza for the occasion!



Bingo Night

We also had a Bingo night with prizes! The turnout wasn't as great due to the day but we all still had a lot of fun!



Memorial Day Barbecue

We threw a wonderful Barbecue at the Clubhouse for Memorial day!



There were plenty of hotdogs and hamburgers, as well as snacks and drinks. We had a really great turnout as well! We'd love to thank everyone who contributed to make our Memorial Day event an amazing success!



Poetry Corner

Slumber with God

By Jane Winslow Lennon

When this world end before us
With hands of measured Grace
It is this reflected to us
With smiles upon our face

We pass into a Golden loft
reunited with our family
Where there is no pain around
We find peace and love unending

For I with will take my mother's face
And hold it in my hands
I take her kindness gently
And quench hearts demands

For they are pure and open
And their souls are at rest.
They are with us in spirit,
And they slumber safe with god.

We see them everyday
With all the love and caring
That we all do possess
To help them all

To warm us in heaven.





Living With Mental Illness

By TvdW

Greetings to all who read this wonderful Newsletter

I am a member of Eagles Nest Clubhouse, a safe place to meet others in the same situation as I am. I suffer from a mental illness; I have been mentally ill as long as I can remember. I have been in therapy since I was 18 years old.

Being in my sixties I have found peace, for the first time. But I must live with the consequences of my mental illness not being diagnosed until I was 40. This is a common story, I am afraid. When I was diagnosed I was over medicated and turned into a zombie, and I had no quality of life.

I was fortunate to find others working in the mental health field who helped me get the right meds. Did you know that in the last few years. To be placed on medication they use your DNA to match you up with medication that will help you the best. Amazing when you think of it.

UNFORTNATLY there is still allot of shame in being diagnosed with a mental illness. My family is walking on EGG shells in case I need to be hospitalized for symptoms, it is an illness like any other. You have good days and bad days. To isolate some one who has mental illness makes it worse like any other illness. At the Clubhouse I hear laughter, and I have meals with a table full of people who understand me.

It is sad that family does not include us (people with disabilities) to family dinners. I was lucky to have a father who understood, he was not afraid. That is my take of the situation. My mother was very afraid of me. We never passed that. She died being afraid.

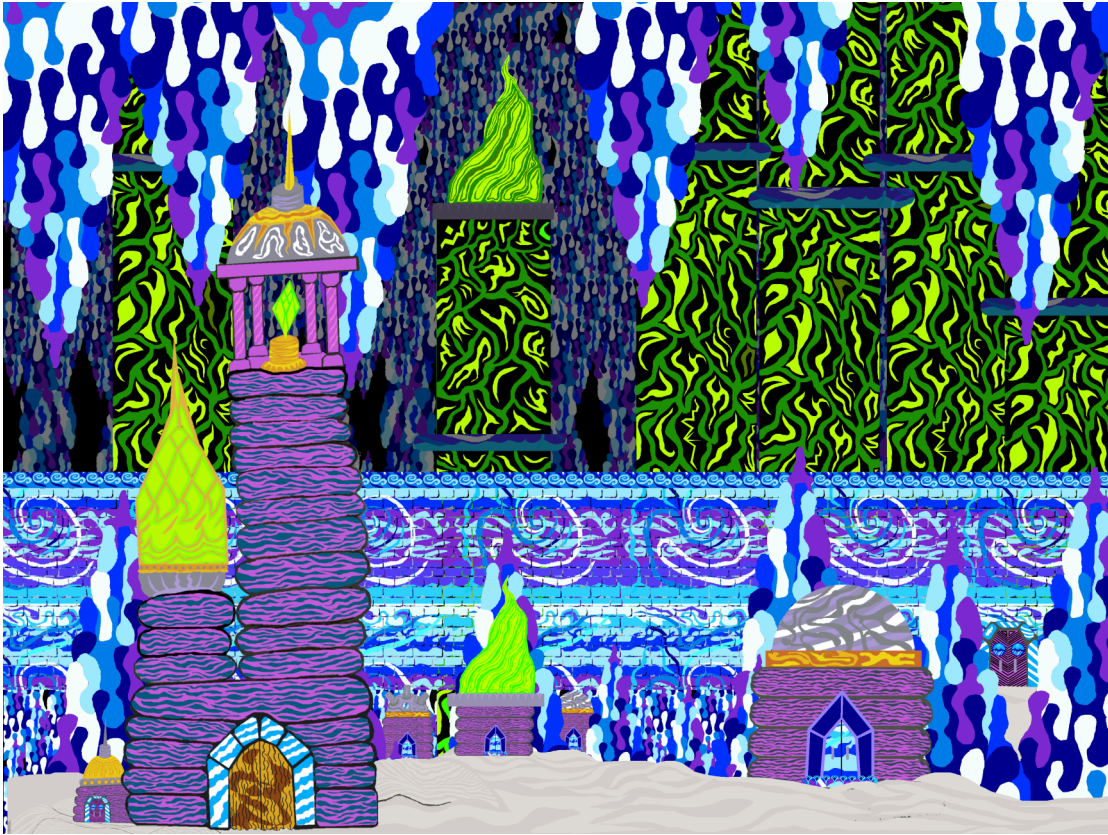
Mending relationships with family who have been harmed by mental illness takes honesty and education.

I hope by putting it all into words I can help someone get out of bed today. Have hope, have love, and have a good day.

-TvdW



Art Corner



The Fish Man's Lair
By Kevin



Work In Progress Cross Stitch
By Laura



One of our Members has gotten their Driver's License!

Two of our Members landed a job at the Colvard and Co Sausage Factory!

One of our Members recently got their Learner's Permit!

We also want to congratulate everyone for pulling together and making our Memorial Day Barbecue the best it could be!

We'd like to thank Linda for the Donation of a Grill!

Upcoming Events:

June 8th Pride at Knowlton Park

June 18th Movie Day All Day

June 24th Karaoke Night from 4 to 5:30

June 30th Game Night from 4 to 5:30

A Special Thanks!

A thank you to the Community of Christ Church for the donation of:

Bottle Tabs

Money

Food/Baked Goods

Barbecue Stuff

We appreciate the help!



JUNE 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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1	2	3	4	5	6	7
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House Meeting
1:00 PM

8	9	10	11	12	13	14
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Pride Day 11:30 to
4:30

Fundraising
Meeting 1:00 PM

Skill Share:
Nutrition 1-2 PM

15	16	17	18	19	20	21
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Group Wellness
Walk 1-2 PM

Movie Day

Event Planning
Committee 1:00
PM

22	23	24	25	26	27	28
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Fundraising
Meeting 1:00 PM

Karaoke Night 4-
5:30

29	30
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Game Night 4-
5:30