

Eagles Nest Clubhouse



EAGLES EYE VIEW

April 2024

Volume 4 Issue 12

Hancock County Food Drive By: Eric S.



Eagles' Nest Clubhouse participated in a Food Drive in partnership with Healthy Acadia at Shaws. The day started out with members who wished to help out with Food Donations, which were held throughout Hancock County. The members who participated enjoyed the day with fun and laughter, welcoming people who were leaving the store.

As the day went on we really enjoyed the company and the generosity of people in the county assisting those who have limited means, and also dealing with food insecurity. We were really invested in the helping people, as by helping other people we also help our selves. With this in mind we went full tilt in filling up food boxes. When the results were tallied, we found out that the location we were at brought in 12 boxes of food, and had raised \$959.00 for the day.

This was fantastic news, as this will help alleviate the stress of getting food on the table for those who are in need. We here

at Eagles' Nest Clubhouse look forward to participating in the next food drive with Healthy Acadia. It is my opinion that over the last 5 years, Healthy Acadia has been instrumental in helping us out, so therefore we felt the need and desire to participate in this Food Drive.

We are now willing to help Healthy Acadia out with their program, as it also helps us out. So I firmly believe that this is a win-win situation for all who assist in this program. So if you know of any people who can help out with time, food, or money, we know that they will genuinely appreciate all the help we can give. So give from your hearts (and wallets) to provide help with this worthy program. Thank you for letting us be there for you.



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Vocational Rehabilitation Tour at Mainers

On March 25th staff and members went with a group from Voc. Rehab, Fedcap, and Maine Education Opportunity Center to do a tour of Mainers located in the Trenton Industrial Park. Mainers is a sister company of another company located in Portland, Maine. They specialize in handcrafting commercial-grade cryogenic gloves, aprons and shoe covers since 1980. We were able to take a tour, meet employees, and observe a work ordered day which included a cutting room, sewing, and assembling of gloves, aprons, mittens, and shoe coverings. They ship all over the world. The best part is they offer a four-hour training program where you can go in and work in the areas to see if it something you'd be interested in doing before you even apply. This might be a good resource for a possible TE position.



OHI is a 501 © 3 non-profit Not that long ago, adults and children with mental illness or mental disabilities were warehoused in institutions. Their basic needs were met but that was all. When people realized that quality of life was important. Institutions were closed. OHI was one company, that took in adults with mental disabilities into homes, to give them a better quality

of life. OHI has been trying to fill basic needs to improve the lives of adults whom most have forgotten about. OHI became aware that people with mental illness needed more support in Hancock County. They helped open Eagles' Nest Clubhouse over four years ago. OHI became aware of a program called "The Clubhouse" that was created 40 years ago in New York City. This Clubhouse was called Fountain House.

This program was created to get people with mental illness out of their homes and to get them to meet others who would understand. The program starts with getting through the door, and enjoying a well rounded homemade lunch. OHI made that possible by opening the Eagles' Nest Clubhouse in Ellsworth. OHI has created a safe place for people with mental illness to come together and be in public again

“Favorite Quotes”



From our hearts and minds, from our hero's and mentors. To build strength to live the way we choose, to dream and to thrive, and to give back to the community and to those we love.



“To win is to learn from a loss”



“Jim Trussel” FOOT BALL COACH

“Bad things happen to good people. No matter what you do. There's never going to be a time when everything is perfect. But that don't mean you quit trying!”



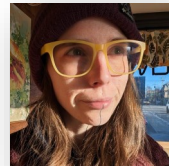
Applejack from My Little Pony

“Have you ever been afraid of the dark? How do you feel when you turn on the light?”



Ben Kenobi – Jedi Master

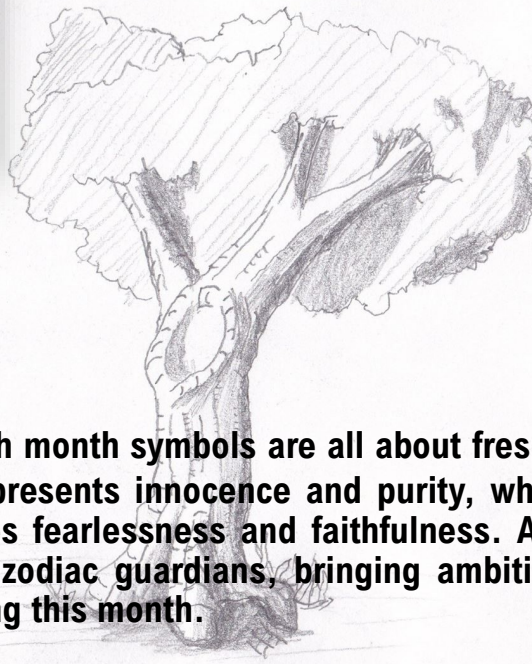
“LET YOUR LOVE FLOW OUTWARD THROUGH THE UNIVERSE”



Sutta Nipata



Where Dreams Take Flight!



April birth month symbols are all about freshness. Daisy, the April birth flower, represents innocence and purity, while the diamond birthstone symbolizes fearlessness and faithfulness. Aries and Taurus stand as the month's zodiac guardians, bringing ambition and persistence to those born during this month.



April 2024

April 2024

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mar 31	Apr 1 3:45am Tia Chi for Beginners (Ellsworth Library Riverview Room)	2 AARP Tax Preparation (Riverview Room at 11:00am Adult SHERZO 11:00am Homeless 1:00pm Computer Tutor	3 Farm Drop 2:00pm, Library Homeschool 10:30am, New Ventures- Let's Talk Yoga for Beginners	4 Book-a-Month Club New Ventures - Business New Ventures - New Ventures - Parent / Child Workshop	5 Baby Story and Play 9:00am, Library LBGO at the Library 2:00pm, Library	6 1:30pm Humanists and Free Thinkers (Ellsworth Library 2:00pm Finding Your Roots (Ellsworth
7	8 New Ventures - Making Career Choices -Build your Career (ONLINE 3:45am Tia Chi for Beginners (Ellsworth	9 AARP Tax Preparation New Ventures - 11:00am Adult SHERZO 11:00am Homeless 1:00pm Computer Tutor	10 Farm Drop 2:00pm, Library New Ventures - Building Your Savings (1 - 2 New Ventures - My	11 Between the Covers Caregivers Support Historic Preservation Storytime 10:30am, 2:00pm Caregiver's	12 Baby Story and Play 9:00am, Library Maker Friday 2:00pm, Library	13 10:00am Games for Grown Ups (Blsworth Library Main Room) 2:00pm Finding Your Roots (Ellsworth
14 10:30am ENC Presentation - 15 - 30 minutes (Community Christ Church, Blsworth Falls (next	15	16 Tech Tools 4:00pm, Library 11:00am Adult SHERZO 11:00am Homeless 1:00pm Computer Tutor	17 Farm Drop 2:00pm, Library Yoga gpt Beginners 5:30pm, Library 5:30pm Beginner's Yoga	18 Union River Stamp Club 5:30pm, Library 2:30pm ENC Game Afternoon (ENC) 6:00pm Book-a-Month	19	20 2:00pm Finding Your Roots (Ellsworth Public Library)
21	22	23 Computer Tutor APPT Messy Art 10:30am, 11:00am Adult SHERZO 11:00am Homeless 1:00pm Computer Tutor	24 Farm Drop 2:00pm, Library New Ventures - My Oceanic Cuisine 6:00pm Seaweed Explorers	25 Historic Preservation Storytime 10:30am, 2:30pm ENC Game 5:30pm ENC Advisory 6:00pm Book-a-Month	26 Baby Story and Play 9:00am, Library Riverview Creatives 2:00pm, Library	27 2:00pm Finding Your Roots (Ellsworth Public Library)
28 Walk For Autism (Bangor Waterfront Park, 81 Railroad St.)	29	30 11:00am Adult SHERZO Chorus (Moore 11:00am Homeless Coalition Meeting 1:00pm Computer Tutor	May 1	2	3	4

Ode to Children

By: Jane L

Peace dwells in our children,
Bright eyes and shining face,
Pure and unscarred beauty that can never be
replaced.

Voices called in evening time,
For strength to lessen fear,
To light the road ahead of us,
With warm hugs and kisses dear.

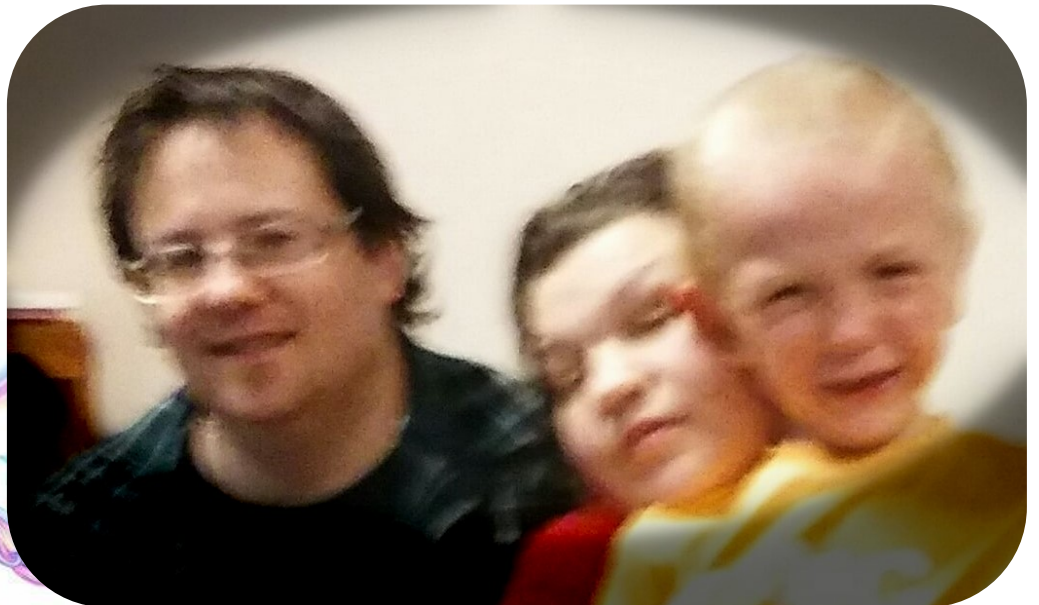
To blanket them in kindness,
Embellishing the truth,
The beauty of a single rose,
That blooms from us our youth,

Pray, hold them close and never tire,
With blessings from above,
For hopes and dreams still yet to come
The greatest gift is love.



WE REMEMBER AUDREY ROSE TRASK

She only knew how to
care, A.J. York—
Husband



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Faith keeps things moving.

Several members of Eagles’ Nest clubhouse attended Community of Christ Church this past Sunday. We felt so welcome! The pastors wife made zucchini bread for us. The service was wonderful. We sang a couple of hymns. They had a story time for the children. We collect tabs off soda cans, the church is now collecting tabs for us. They also have a change jar for us. They went above and beyond for us! To say we are blessed is an understatement.

Thank you so Much! Community of Christ Church!

Lunch Menu for April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spaghetti + Sauce Garlic Bread	2 Chicken M. Potato G Beans	3 Meatloaf	4 Tomato Soup Toasted Chz SW	5 Mac + Cheese
8 Chicken + Shake n’ Bake	9 Sandwich	10 Shepherds Pie	11 English Muffin Pizza	12 Corn Beef & Cabbage
15 Fish Sticks	16 Turkey	17 Turkey Pot Pie	18 Beef Pot Pie	19 Leftovers
22 Spare Ribs	23 Chicken Breast Potato Skins	24 Turkey Spaghetti	25 Homemade Mac & Cheese	26 Leftovers
29 Chilli	30 Bacon & Eggs			