

Spring is Here!

It's that time of the year! Members are getting out and doing more in the community. We have many events coming up and we're all excited for the warmer weather. Hopefully we'll be able to start a garden!

We've come a long way, and now that we're settling in we hope to get more involved in outreach and events. We've even started an Events Committee for event planning!





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On Saturday April 5th we participated in the kickoff of the Hancock County Food Drive. We teamed up with Rose Schultz with the Hancock County Backpack Program. We were stationed at the Shaw's here in Ellsworth. We raised \$1072.64 and collected 242 Food Items. We had Nine members and two of our staff who participated. We would like to give a special thanks to Bob Dorr of Shaw's for allowing us to team up with him, and to Officer Rob Morang. We'd also like to thank Healthy Acadia for allowing us to partner with them, and Hancock County for all of their donations.











For the quarterly Clubhouse Coalition Swap, we had members from Village Clubhouse all the way in Topsham visit us here at Eagles' Nest for the day.



They got to participate in our work ordered day and see how our Clubhouse operates. We hope they got some cool ideas to take back to Village!



We also had our members visit Capital Clubhouse in Augusta for a day! Members learned a lot from the their Clubhouse and brought back a number of cool ideas for us to incorporate into our own Clubhouse!



We got to meet so many new people, some whom members saw at the Coalition Meeting! Clubhouse Swap is always a culture shock, but it's also always fun!





Members participated in the annual Autism Walk hosted by Downeast Horizons! It was quite the walk! It rained a little near the end but we got through it!

Nerd Corner

With Daniel Schaeffer



Sunrise on the Reaping by Suzanne Collins: Propaganda & Controlling the Narrative

By Danny Schaeffer

Sunrise on the Reaping by Suzanne Collins is a Hunger Games prequel novel. This is the prequel novel covering Haymitch (a citizen of District 12 and a previous victor of the 50th Hunger Games or the 2nd Quarter Quell) and what happened during the games and the aftermath of the games. My tie-in is taken directly from the author herself. The quote comes from David Hurnes's idea of implicit submission: "The easiness with which the many are governed by the few." Another favorite quote is: "History is written by the victors." – which speaks to my tie-in for this article, propaganda & controlling the narrative. This is the 5th book in my teenage favorite book series and, also the 2nd prequel novel in the series. I am excited to read this and express my honest thoughts on the book and my tie-in. Here is my review of Sunrise on the Reaping by Suzanne Collins and my thoughts on Propaganda and Controlling the Narrative.

Sunrise on the Reaping by Suzanne Collins: This is a prequel novel to the Original three books about Haymitch. A mentor and previous Victor of the Hunger Games. The 2nd quarter quell or the 50th Hunger Games. That is only a small portion of his story that was shared by Suzanne in Catching Fire. This novel hit hard and it was a trip into a lot of fan theories. Holy hater boner on a stick this book shows Snow's hate and discontent for District 12. It also deep-dived into backstory and lore not just about Haymitch but also some of the previous victors that were introduced throughout the 1st 3 books. It made me cry and made me hate the Capital a lot more. This changed my mind with my opinion of Haymitch and his character. I give this a 10/10

Propaganda and controlling the narrative: One of the staples of these books is the control of the masses and the information they get. "History is written by the victors." Meaning that depending on who wins wars history can be altered and changed. In the context of Panenm and the Hunger Games. They used fearmongering tactics and media manipulation tactics to keep the masses in line. Especially in the more outlying districts that aren't as loyal to the Capital.

As well as public whippings and executions in literal town squares. As well as controlling the basic needs and wants of each District. Allowing the Capital citizens to have free reign and use the games as a fucked form of entertainment plus a gambling system as well. About mental health, there has been propaganda involving mental health and the stigma and other things surrounding it.

poetry Corner

Spring By Jane Winslow Lennon

Roses line the walkway, Bright reflections in the sun. The colors of the rainbow, Speak fresh news to everyone.

Answers in all of nature, Sweet responses we do hear. Being the best that we can be, Kind words as we are near.

Spring captures everyday, Sweet aromas that we find. We are spirits rising, And golden stars that shine.

Enjoy the starlight dancing, Breaking each of natures songs. Filling soul and gentle rhythm, Smiling so to all belong.







Welcome to America By Kevin Congratulations!

Zoey has started Driver's Ed! One of our members is finally sending out for their road test! A member has had significant success in selling their artwork!

Thank you to Connie Gordan for all the Office Supplies! We appreciate your help!

Upcoming Events:

Clubhouse Mothers Day Brunch on May 9th (4:00 to 5:30) The Color Fun Run on May 17th Game Night on May 15th (4:00 to 5:30) Bingo Night on May 22nd (4:00 to 5:30) Memorial Day Barbeque on May 26th

A Special Thanks!

A thank you to the Community of Christ Church for the donation of:

Bottle Tabs \$6.55 A Box of Food Toiletries

We appreciate the help!



view From the Boardroom

We did a retirement party for Alice and BJ. We had cake and gave them plaques in recognition of their work. The board was very pleased with how the soft opening went, and I heard from the public that they were impressed and what they all do here. I have enjoyed being involves with the clubhouse. We have one board member helping a member parallel park. I am planning in doing some cooking classes for members as well.

- President of the Board

A Farewell from Alice

It is with a heavy heart that I am writing this letter because as you all know I am leaving Eagles' Nest Clubhouse to take care of my family members who have numerous health issues. I want to thank everyone who I've had the opportunity to work, volunteer, and engage with over the past 5 years for their support and encouragement. Eagles' Nest Clubhouse has been one of the most challenging and rewarding experiences I've ever had, the chance to be part of it with its members being the most gifted and talented people I have ever met. I hope you all continue to grow and flourish, and I look forward to reading about all the great accomplishments Eagles' Nest Clubhouse will do moving forward. I appreciate you all. - Alice Grindle



With the coming of our new Director Katie Verschoor, we thought it would be a good time for everyone to get to know her! To that end, we cooked up a handful of questions to ask her.

1. Tell us a little about yourself.

(Keep it to a paragraph or two, general things about your history that you think are fun for people to know about and that set up a foundation to know more about you.)

I grew up in a military family, so I've called a lot of places "home"—from different states to countries halfway around the world. That lifestyle gave me a deep respect for diversity and a strong sense of resilience. I've always felt pulled toward advocacy and standing up for people whose voices often go unheard. It's something that feels deeply personal to me.

2. What made you choose to work with the Eagles' Nest Clubhouse?

What really drew me to the Eagles' Nest Clubhouse was the mission. I've always believed in standing up for people whose voices might not always be heard, and the Clubhouse model is all about empowerment, inclusion, and dignity. It's not just about providing services, it's about creating a true community, where people feel seen, valued, and capable. That resonates deeply with me, and I knew I wanted to be part of something that aligned so closely with my core values.

3. Do you have any achievements you are especially proud of?

I'd say my proudest achievement is raising my children. Being a parent has shaped so much of who I am, it's where I've learned the most about unconditional love, responsibility, and what it means to advocate fiercely for someone. It's also part of what fuels my passion for advocacy and community work. I want to model for them what it looks like to stand up for others and help create spaces where everyone feels like they belong.

4. When you aren't at work, how do you spend your time?

(A good place to discuss hobbies! Let us get to know the Katie that isn't at clubhouse!)

Outside of work, I'm a mix of kooky and practical. I love gaming and reading and can often be found immersed in some sort of story. I also enjoy gardening and prepping, whether it's planting veggies or organizing supplies for that "just in case" moment. I've also got a few furry sidekicks—both dogs and cats—who definitely run the house.

5. Is there anything else you would like people reading this interview to know about you?

(Anything we missed can be covered here. It doesn't have to be comprehensive; this is more of an introduction to Katie Verschoor than it is an interview meant to bolster why we hired you.)

I'm just a person who believes in showing up, doing good work, and treating people with kindness. I love a good laugh, a quiet evening with my pets and partner, and any opportunity to build something meaningful with others. I'm excited to be here, to learn from the people around me, and to hopefully make a positive difference in the process.

MAY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
				CPR/First Aid Training 10:00 to 12:00 House Meeting 1:00 PM		
4	5	6	7	8	9	10
		Skill Share: Computers 1-2PM	Skill Share: Nutrition 1-2 PM		Mother's Day Tea Party 4 to 5:30	
11	12	13	14	15	16	17
		Group Wellness Walk 1-2 PM	Skill Share: Nutrition 1-2 PM	Game Night 4 to 5:30	Event Planning Committee 1:00 PM	Color Fun Run
18	19	20	21	22	23	24
		Skill Share: Computers 1-2PM		Bingo 4 to 5:30		
25	26 Memorial Day Cookout	27	28	29	30	31